

# Highland's Women's Retreat, March 24-26

**A Rule of Life: Finding Order and Purpose in the Fullness of Our Days**



Set in the mountains of western North Carolina, Montreat will fill your spirit and renew your soul. Join us for this time to get to know other women in the church, to reconnect with friends, and to grow in your life with God.

Our lives are so saturated with lists and information, but they are short on stillness and reflection. We will take time together and individually, using reflection, silence, art, and other gifts, to write our own Rule of Life. A Rule of Life is not just a set of rules; rather, it is a supportive framework to gently guide us on our way. A Rule of Life allows us to live with intention and purpose in the present moment. It helps us clarify our most important values, relationships, dreams, and goals. It is meant to be simple, realistic, flexible, and achievable. It is a purposeful tool to help us grow into a more meaningful life with God.

Cost is \$90.00 for a shared room or \$150.00 for a single room. This includes two nights lodging, meals, and linens. You will be asked to bring a food item for our meals and a snack to share. Contact Debbie Layman for more information at [dlayman@highlandpres.org](mailto:dlayman@highlandpres.org). Please register now! Space is limited.

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## *Highland Women's Retreat March 24-26*

Name \_\_\_\_\_

E-mail \_\_\_\_\_ Cell # \_\_\_\_\_

Additional Information \_\_\_\_\_

Roommate preference if any \_\_\_\_\_



To register: Send check to Highland Presbyterian, Women's Retreat

Make checks to: Highland Presbyterian; in memo box write "Women's Retreat"