



Highlights

Highland Presbyterian Church
2380 Cloverdale Avenue
Winston-Salem, NC 27103-2012
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Phone 336-724-6303
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www.highlandpres.org
May 12, 2024

Celebrating Pentecost May 19 Fellowship Lunch, Graduate Recognition, and Hygiene Kit Packing

In many ways on Sunday, May 19, **Pentecost Sunday**, we will celebrate God's gift of the Holy Spirit! Our 11:00 a.m. worship will be enhanced visually and musically as we relive the joy and amazement of the early church on that first Pentecost. During our worship we will take time to recognize and celebrate our 2024 graduates, especially our high school graduates as they prepare for exciting new journeys, following God's guiding Spirit.



Following worship all are invited to a **congregational lunch** in the Fellowship Hall. The meal will be prepared for us by Barbara and Mark Whitley and will be \$10 a person or \$25 maximum per household. We hope you will sign up on the Sign Up Genius (or call the church office, 336-724-6303) and plan to join us. As we gather for the lunch, we will continue the celebration of our graduates with pictures and cake.

Following our meal, we need your help to pack the collected items for the **Menstrual Hygiene Kits** for Church World Service. Our goal is 175 kits, so we have a lot of packing to do and will appreciate your help. Neighbors near and far will benefit from your time and sharing! We are grateful for all the ways God's Spirit leads us to grow and serve.

Summer Worship Schedule

Beginning Sunday, May 26, we will gather for worship at 10:00 a.m., followed by our time of fellowship on the patio, Lemonade in the Shade. Our schedule of 10:00 a.m. worship will continue through Labor Day Sunday, September 1.



Worship at 11:00 a.m.

May 12

Ascension Sunday

Psalm 47

Acts 1:1–11

Sermon: Randy Harris

May 19

Pentecost Sunday

Acts 2:1–4

Acts 9:1–19

Sermon: Randy Harris

Worship at 10:00 a.m.

May 26

Trinity Sunday

Isaiah 6:1–8

Romans 12:9–21

Sermon: Debbie Layman

Highland Worship Online

There are several ways to access worship:

- Click the link in the Sunday morning email;
- Go to [Highland's website](#) and click on the "[Highland Worship Online](#)" page;
- Subscribe to Highland's YouTube channel where the worship videos are posted (Highland PCWS).

On our Worship Online page, there are links for the Bulletin, a virtual "Friendship Pad," as well as a virtual "offering plate."

Lemonade in the Shade Summer Fellowship

Following worship each Sunday during our summer 10:00 a.m. schedule, we will share in fellowship together on the Narthex Patio. We hope you will plan to linger for some lemonade and laughter!

Moore School Food Pantry

Highland, alongside Temple Emmanuel, supports Moore Elementary School by providing a food pantry for students of Moore School and their families. For the month of **May**, we are asking for donations of **rice**.



Men's Breakfast

May 15, 7:00 a.m. in the Fellowship Hall

Join with the Men of the Church for a time of fellowship and study. Look for an email with details, and email [Randy Harris](#) if you have questions.



Randy Harris, *Pastor*, Ext. 210,
rharris@highlandpres.org

Debbie Layman, *Associate Pastor*, Ext. 212,
dlayman@highlandpres.org

Courtney Stevens, *Associate Pastor* Ext. 218,
cstevens@highlandpres.org

Heather Ferguson, *Director of Christian
Education*, Ext. 204,

hferguson@highlandpres.org

Chris Gilliam, *Director of Music*, Ext. 202,
cgilliam@highlandpres.org

Joy Hohmann,
Business Manager, Ext. 205,
jhohmann@highlandpres.org

Gidget Payne,
Administrative Coordinator, Ext.
201, gpayne@highlandpres.org

Office hours are Monday–Thursday, 9:00 a.m.–4:00 p.m.

Annual Diaper Drive for Neighbors in Need

Diapers are expensive and unfortunately are not covered by the WIC program. We invite you to support local moms and dads in need through our annual Diaper Drive. We will share our collected diapers with The Shalom Project and Clemmons Food Pantry.



Please bring diapers and baby wipes by the church any time we are open between Mother's Day and Father's Day, May 12–June 16. We will have a collection bin in the Gallery Hall. Our goal this year is 7,500 diapers, so we need your help! Thank you for supporting caregivers in need in our community!

Pentecost Offering on May 19

Supporting At-Risk Kids in Our Community and Beyond



PENTECOST
SPECIAL OFFERINGS

CHILDREN AT RISK • YOUTH • YOUNG ADULTS

Each year on Pentecost Sunday, we receive the Pentecost Offering, one of the four special offerings of the Presbyterian Church (USA); this offering is about helping young

people begin life with a strong start. Highland keeps forty percent of the offering. This year the Global Service Committee will support Pre-K Priority. The Pre-K Priority is a coalition of community organizations and individuals committed to improving the number of affordable, high-quality Pre-K programs available to all four-year-olds in Forsyth County. Of the approximately 4,500 four-year-olds in Forsyth County each year, approximately two-thirds are eligible for publicly-funded Pre-K based on family income, yet currently, only half of those eligible children are enrolled due to insufficient state and local funding. Thank you for your generous support to the Pentecost Offering!

Mental Health Awareness Month

Sunday, June 2, 11:15 a.m. *Quieting a Noisy Soul*

As part of Mental Health Awareness Month, which is May, our Congregational Care Committee is planning an intergenerational gathering for Sunday, June 2 which will focus on strengthening all of our coping skills and strategies. Our guest presenter will be Beth Harper from Trinity Center who will help us learn about the growing challenges of anxiety and stress which are impacting all age groups and how we can increase our compassion for others as well as our own healthy responses.



Following Beth's presentation, we will have time to practice these healthy responses through small group stations. These opportunities will include yoga led by Wendy Eppley, mindful eating led by Alison Gardner, breathing techniques, and neurographic drawing. We hope this will be a refreshing time to quiet our noisy souls!

News and Notes

In Our Prayers: *Heather Greene*, Baptist; *Sharon Smith*, Home; *Carol Eickmeyer*, Home; *Trinette Kirkman*, Home; *Carol Healy*, Home; *Leslie Sizemore*, Encompass Rehab; *Emelda Lawing*, Home with Hospice; *Ednamae Fisher*, Home; *Curtis Patterson*, Home; *Parks Berryhill*, Salemtowne Healthcare; *Esther and Les Preston*, Home; *Jean Loftis*, Salemtowne Assisted Living; *Jim Womble*, Heritage Woods; *Mary Pace*, Brookdale on Peace Haven; *Wes McGraw*, Homestead Hills; *John Anderson*, Salemtowne Memory Care; *Ruth Banbury*, Carriage Club Assisted Living (Charlotte).

In Memoriam: Jim Frazier, April 23

Bless You! ~ Our prayers for one another. Each week we invite you to pray for members of our Highland family. We will pray not because anything is wrong, but because we care about each other.

Faith & Film: *The Descendants* May 13, 7:00 p.m., The Sherwood Restaurant

Join us for this monthly gathering as we reflect on the visual parables of movies. Our movie for May is *The Descendants* (2011) which is available to borrow from the church or can be rented from Prime Video. Email [Randy Harris](mailto:Randy.Harris@highland.org) to learn more.

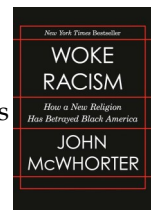


FOR THE WEEK OF MAY 12, please pray for Alice Arcury-Quandt; Jim, Lydia and Allison Bass; Rachel Corbett; Ellen Law; Will, Rebecca, Hudson and Lexie Maddux; Bob Musso; Betsy Spencer; Scott, Carol, Sarah and Kelly Templeton; Elizabeth Walker.

FOR THE WEEK OF MAY 19, please pray for Steve Barton; Kevin and Miriam Dave; Rick Grogan; Katie and Nathan Harris; Terry Leach Hauser; Will, Robyn, Reese, Ani, Katie and William McElwee and Evie and Tucker Holland; Edmond and Margaret Pendrich; Bill and Mack Seamans; Elizabeth, Charlie, Caroline and Kat Skinner; Susan McBurney and Rick Weavil. *The Lord bless you and keep you. Numbers 6:24*

Listening to Black Voices Group

Join us at 7:00 p.m. on May 21, as we continue reflecting on the experience of our African American neighbors, and consider what our faithful responses might entail. In May we will discuss John McWhorter's book *Woke Racism*. If you are interested, please contact [Randy Harris](mailto:Randy.Harris@highland.org).



Community Service Corner

**Betty and Jim Holmes Food Bank Garden,
Saturday, May 18, 10:00 a.m.**



Come garden with us on Saturday, May 18 at the Betty and Jim Holmes Food Bank Garden (located at Crossnore). The garden's mission is to grow fresh, local produce and to serve those less fortunate in Winston-Salem and surrounding counties. Volunteers are needed and much appreciated to help with spring tasks. On Saturday, May 18, join other Highlanders in planting, tilling, or weeding at the garden. Contact [Carolyn Birk](#) or you can sign up online: <https://www.signupgenius.com/go/5080949AEA628A7F49-49185832-betty>. We hope for 15!

El Buen Pastor's Kermés Food Festival



Following worship on May 26, all are invited to support our neighbors at El Buen Pastor for their annual Kermes Food Festival. Beginning at 11:00 a.m. through 3:00 p.m., bring your friends and family to enjoy delicious authentic Mexican food, snacks, desserts, beverages and more. No Sunday lunch worries AND you can support El Buen! (4537 Tim Road)

Meet & Eat Group Reshuffle

Our Meet and Eat groups have had a wonderful time together, and it is time to reshuffle the groups for new configurations which will begin in July. This is the time to jump in if you would like to take part.



We would love for you to join these gatherings which group together seven, eight or nine Highlanders who commit to sharing four meals together over six months. The groups are wonderful ways to get to know folks in our church family. *We hope you will join on your own or join with a buddy, whether you have been part of Highland for thirty years or three months!*

If you would like to join a group, please reach out to [Judy Bass](#), [Sarah Mixon](#), or call the Church Office, 336-724-6303, by June 20.

Summer Documentary Series

Mark Your Calendars

Our Summer Documentary Series is back! The Community Service Committee is looking forward to sharing three documentaries this summer, each of which will be followed by a panel of local experts for further learning and discussion. All will be Sunday afternoons at 4:00 p.m. The dates and topics are: June 30, *Education*; July 21, *Environment*; and August 18, *Mental Health*. We hope you will mark your calendars and plan to join us!

Sunday Morning Christian Education for Adults

Sundays through May 19; 9:30 a.m.

We have various classes for you to engage in study, conversation, and deeper understanding through Highland's Adult Christian Education offerings. When applicable, Zoom links are included in Highland's Sunday morning email.

During the summer quarter, The Present Word Class will continue while other classes will be on break. The Adult Christian Education Committee is now working of a full and exciting array of faith-forming, educational opportunities for the fall and beyond. If you have an idea for a class, please contact [Heather Ferguson](#).

The Lectionary Café, Salem Room

The *Lectionary Café* is a welcoming gathering of folks seeking to engage more deeply into the Lectionary text (scripture focus) for each Sunday. The group shares an informal and lively discussion which seeks to draw deep connections between God's intentions for our daily lives and our practices for a more faithful life together. Facilitator: *Mike Culler*



The Present Word Class, Room 124 and Zoom

The Present Word is an in-depth Bible study for adults that dives deep into God's Word, studying the Bible over a six-year period and focusing on a specific theme each quarter. In the Spring quarter, we explore the fullness of faith as a response to God's desire to be in relationship with us. Unit I, "Faith-FULL Versus Faith-LESS," Unit II, "The Measure of Faith," Unit III, "The Standing in the Faith."

Parents' Conversation and Coffee, Room 126

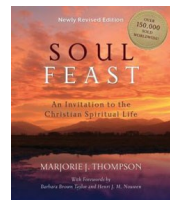
Parents are invited to gather in Room 126 for coffee and conversation. This is a time to get to know one other and compare notes on the joys and challenges of parenthood. The first Sunday each month we will have a speaker, video, or other resource for deeper conversations on faith formation in the family and other topics. Other Sundays, we will have free time to connect and share stories of "Parenthood."



Soul Feast: An Invitation to the Christian Spiritual Life, Room 127

This class, a part of Highland's Faith Formation Academy, focuses on spiritual reading, prayer, common worship, self-examination, spiritual direction, hospitality, and developing a rule for life. Books are available in the Gallery Hall (\$10).

Sunday, May 12, Chapter 5, Reclaiming Sabbath Time
Sunday, May 19, Chapter 10, Developing a Rule of Life
Facilitator: *Highland Staff*



ReThinking Earth Day: Faithful Creation Care for Life, Ardmore Room

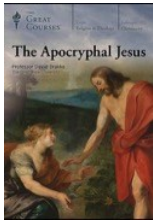
Earth Day is a worldwide celebration and action day that began as a teach-in in 1970. This year's April 22 Earth Day theme is "Planet vs. Plastics." During this class, we will expand the idea of Earth Day to *everyday* practices to help protect our environment, God's creation. Topics will include ecojustice, household recycling, sustainable yard care, reducing food waste, protecting local waterways, environmentally friendly transportation, and plant-rich diets. Guest speakers will help us become more active in protecting our sacred Earth every day, from the plants and pollinators in our own backyards to the roads and rivers in our larger community.



Sunday, May 12: Plant-Rich Diets and the Local Farmer

Sunday, May 19: Things to Consider Every Day

Facilitators: *Members of Highland's Adult Christian Education, Global Service Committee, and Special Guests*



Thursday Morning Women's Study

The Apocryphal Jesus, 10:00–11:30 a.m., Ardmore Room

The New Testament gives us 27 canonical texts—gospels, letters, and more, but these works are only a tiny fraction of the many volumes written about the life of Jesus, his family, and the apostles. This alternative body of literature falls under the category of "apocrypha," which means "hidden" or "secret," and it offers fascinating insights into the early Christian world. These early Christian apocryphal works are more than historical curiosities. For more information, on joining this study contact [Heather Ferguson](#).

Mark Your Calendar Today!

Sunday–Tuesday Evenings, June 16–18

Registrations Coming Soon



The time for ArtRageous is fast approaching. Plans have been made for classes and special events June 16–19, covering a variety of arts and crafts. We are now building our lineup for the 2024, and signups for joining classes will be out soon!

This summer program is open to children, youth, and adults, Highland members, as well as people from the community. Most classes will be free. We will even have several special tours. The schedule will include classes that last only one session while others will have several sessions. On-line registration will begin soon at www.highlandpres.org. Plan to look over the classes and sessions offered, and register early. Please invite friends, family, and neighbors to join us for a celebration of God's gifts in the arts.

Arts & Music Palooza

Vacation Church School for Families & Friends of All Ages

Sundays, June 23, July 14, July 28, 11:30 a.m.–2:30 p.m.



Plans are underway for a whole new VCS that brings together Highland families and friends of all ages for three Sunday post-worship gatherings. We will begin at 11:30 with lunch followed by time for making music and creating arts with some of Highland's leaders and local artists.

We know that summer is sprinkled with vacations and last minute get-aways for families, so we hope that three Sundays will allow folks to gather for one, two, or all three events. This summer's gatherings will be intergenerational, so we invite all to join in these fun and spiritually uplifting gatherings. Come get to know your Highland family even more! Mark your calendar today, and watch for more details.

Young Adult Ministry

We are continuing the new rotational model for our Thursday Young Adult gatherings in May. We value the drop in and consistent nature of our time together to fellowship, study, and support one another.



Anyone age 20-30s is welcome to join!

1st Thursday: Music Bingo at Fiddlin' Fish, 7:00 p.m.

2nd Thursday: Winston Salem Public House, 7:30 p.m.

3rd Thursday: Home and Backyard Fellowship, 7:30 p.m.

4th Thursday: Little Richards on Stratford Road, 7:30 p.m.

5th Thursday: Something fun! We're going to Waffle House this month!

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11:00 a.m. Lemonade in the Shade, Patio

Monday May 27

Office Closed, Memorial Day

Tuesday May 28

9:00 a.m. Staff Meeting, Parlor

10:00 a.m. Coffee & Conversations, Camel City

10:00 a.m. Prayer Shawl Ministry, Salem Room

1:30 p.m. Moore Food Pantry, Curbside

Wednesday May 29

11:00 a.m. American Red Cross Blood Drive,
Fellowship Hall

11:00 a.m. Lamentations & Laughter, AB 5

6:30 p.m. Choir Rehearsal, Room 100

Thursday May 30

10:00 a.m. Women's Bible Study, Ardmore Room

7:30 p.m. Young Adults, Waffle House

Friday May 31

5:30 p.m. Friday Family Fun Night, Fellowship Hall

Coffee Conversation / Tea Talk on Tuesdays

Drop-In at Camel City Coffee Tuesdays, 10:00 a.m. for Conversation

On Tuesdays, Randy, Debbie, or Courtney will be hanging out at Camel City Coffee from 10:00–11:00 a.m. for conversation with whomever shows up. We hope this will be a fun and varied group and invite all to consider stopping by. Maybe you are newly retired and wondering what to do with all your time? Or you have not gotten out much and need an excuse? Or have a question about the recent sermon? Or just want to spend time with your favorite Presbyterian pastors? Or want an easy way to introduce a friend to Highland? Whatever might draw you in, we hope you will stop by to support a local business, check-in with your pastors, and maybe meet some new-to-you Highlanders.

Climate Corner Quiz

Informing our everyday choices can impact our climate. Take this quiz, and see how well you do.

1. Which creates the most greenhouse gases per serving?
A. Catfish, B. Flounder, C. Salmon, D. Trout
2. Which creates the most nitrogen pollution per serving?
A. Black beans, B. Chicken, C. Ground Beef, D. Pork
3. Which has more microplastic?
A. Bottle Water, B. Tap Water
4. Which creates the least greenhouse gas emissions?
A. Ordinary Beef, B. Beyond Meat Plant-Based, C. Grass-Fed Beef, D. Low-Carbon Beef
5. Burning a gallon of gas creates how many pounds of tailpipe CO₂?
A. 5, B.10, C. 15, D. 20
6. You can get federal tax credits for which improvements?
A. Exterior Doors, B. Heat Pump, C. Insulation, D. Windows and Skylights, E. All
7. Which of these can be at least partially recycled in some states?
A. Audio Equipment, B. Computer Equipment, C. Printers D. TVs and VCRs, E. All
8. Which of these requires the most freshwater per serving?
A. Bananas, B. Blueberries, C. Oranges, D. Watermelon
9. About how many gallons of water does a typical American use at home each day?
A. 20, B. 40, C. 60, D. 80
10. Which requires the most fresh water per serving to produce?
A. Almonds, B. Cashews, C. Peanuts, D. Pistachios

Answers: 1.B, 2.C, 3 A, 4.B, 5.D, 6.E, 7.E, 8.B, 9.D, 10.D

Congratulations, Class of 2024

High School Graduates

Milo Archambault, Salem Academy; they will attend UNC Asheville in the fall.

Christopher Layman, Atkins High School; he will attend Davidson College in the fall.

Mary Douglas Mendenhall, Forsyth Country Day School; she will attend Furman University in the fall.

Lila Miller, Mt Tabor High School; she will attend NC State University in the fall.

Josie Scott, Salem Academy; she will attend Sewanee University of the South in the fall.

College Graduates

Alex Byers, Salem College, Bachelors of History, Bachelors of Criminal Studies with a minor in Visual and Performing Arts; she will be a part of the inaugural class of the 2027 School of Law at High Point University.

Richmond Griner, University of North Carolina, Bachelors of Political Science, Minors in Biology and Chemistry; he is applying to Dental School next year.

Simon Michel, Washington and Lee University, Bachelors of Science in Business Administration; in the fall he will begin his Master of Science degree in Data Analytics at Wake Forest University.

Samantha Walker, North Carolina State University, Bachelors of Science in Chemical Engineering and a Bachelors of Science in Economics; she will begin working for Eli Lilly in August.

Other Degree Graduates

Megan Ayscue, Masters in Strategic Communications, Penn State University



Please extend congratulations to all of Highland's 2024 graduates. We will recognize and celebrate them during worship on May 19.

Youth News...

Youth Ministry Schedule

Sunday Mornings

Youth Breakfast begins in the AB 9:30 a.m.

Middle School Class in AB3 9:45–10:30 a.m.

Senior High Class in AB4 10:00–10:45 a.m.

Celebrating Our Graduates

Sunday, May 19

As we near graduation time, Highland is getting ready to celebrate the achievements of our high school graduates. In preparation for senior recognition on May 19, we ask families to please share with us some information about their accomplishments and next steps as well as a few favorite pictures. Please email or drop by pictures (which will be returned) to [Courtney Stevens](#). We will celebrate during the 11:00 a.m. worship service and after worship during the all-church fellowship lunch.

Quest for the Best: Smoothie Afternoons throughout the Summer

Warm summer days are in our future, and so we are on the hunt to determine the best smoothie in Winston Salem. As we scatter and gather throughout the summer we hope youth will join us to rate milkshakes, share their summer stories, and receive a summer practice token to take with them on their adventures.



Summer Youth Opportunities

North Georgia Senior High Service Week June 22–28

Middle School Service Week July 8–10

Massanetta Springs Middle School Conference July 16–19

Church Calendar

Please be sure to check whether events are meeting online or in person.
If a meeting will happen in person, a location is specified.

Sunday May 12

9:30 a.m. Christian Education for All Ages
11:00 a.m. Worship Service (Nursery provided),
Sanctuary

Monday May 13

9:30 a.m. Staff Meeting, Parlor
5:45 p.m. Stewardship Committee
7:00 p.m. Faith & Film, Sherwood Restaurant

Tuesday May 14

10:00 a.m. Coffee & Conversation, Camel City
1:30 p.m. Moore Food Pantry, Curbside
6:00 p.m. Diaconate Meeting, AB 4
7:00 p.m. Session Meeting, Ardmore Room

Wednesday May 15

7:00 a.m. Men's Breakfast, Fellowship Hall
11:00 a.m. Lamentations & Laughter, AB 5
6:30 p.m. Arts & Worship Committee, Parlor
6:30 p.m. Choir Rehearsal, Room 100

Thursday May 16

11:30 a.m. Caring Friends
5:45 p.m. Community Service Committee,
Ardmore Room
6:00 p.m. Finance Committee
7:30 p.m. Young Adults, Home of TBD

Sunday May 19

9:30 a.m. Christian Education for All Ages
11:00 a.m. Worship Service (Nursery provided),
Sanctuary
12:15 p.m. Fellowship Meal, Fellowship Hall
12:45 p.m. Hygiene Kit Packing, Fellowship Hall
4:00 p.m. Dolorosa Gathering, Chapel

Monday May 20

9:30 a.m. Staff Meeting, Parlor
5:30 p.m. Long Range Planning
7:00 p.m. Poverty Book Group, Salem Room

Tuesday May 21

10:00 a.m. Coffee & Conversation, Camel City
7:00 p.m. Listening to Black Voices Book Group

Wednesday May 22

10:00 a.m. Women's Bible Study, Ardmore Room
11:00 a.m. Lamentations & Laughter, AB 5
6:30 p.m. Choir Rehearsal, Room 100

Thursday May 23

10:00 a.m. Women's Bible Study, Ardmore Room
4:00 p.m. Membership Committee, Ardmore Room
7:30 p.m. Young Adults, Little Richards

Sunday May 26

10:00 a.m. Worship Service (Nursery provided),
Sanctuary

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