

Youth!

MINISTRY GUIDEBOOK
2024-2025



REST

TOGETHERNESS

SPIRITUAL
EXPERIENCES



AMAZING YOUTH AND FAMILIES

What a sacred gift it is to journey together in ministry. This year our Youth Council is embracing the theme of **Faith in Practice**. Through discernment, our youth have lifted up the goals for their ministry this year as learning how to apply their faith in the whole of their lives through being together in intentional community, growing our tools for engaging the Spirit, and embracing the gift of sabbath rest.

As we walk this path together, we will weave this theme into our study, worship, fellowship, and service. Through these practices, we will listen for how the Spirit moves among us, guiding us to live out our faith in ways that renew our souls and strengthen our bonds. We will create spaces where we can truly experience the peace that comes from God and the joy that comes from being in community.

Our young people are yearning for a place of belonging and release from the pressures of their everyday lives. In our youth ministry, we trust in the Spirit's guidance as we grow in our love for God, find rest in His presence, and nurture one another. May the year ahead bring us renewal, connection, and above all, peace and love.



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Get Connected

Youth News Weekly Emails

One, weekly comprehensive email of all things Youth Ministry at Highland. See pictures, reminders, and weekly information all in one place. Email Courtney at cstevens@highlandpres.org to be added to the list.

Google Calendar

Scan the QR code to add our youth ministry calendar to your electronic calendar. Use it to find information and see live updates to changes and activities.



@HighlandPYC Instagram

Follow along with our photosteam and see all the fun.



Sunday Mornings



Youth Breakfast 9:30 a.m. in the Youth Space

Our faith family takes turns providing breakfast to fuel our mornings. Sign up for a slot to share!



Youth Sunday School 9:45-10:30 a.m. in AB3

This year we're looking at a model of one combined class walking through themes of the New Testament. Bring your Bible!



Youth Choir 9:30-10:00 a.m. select mornings in AB5

We're excited for the return of Youth Choir with leadership by Haley Chapman. Grab some breakfast and we'll get right into singing. We'll have a few weeks of rehearsal and then hope to share in worship.

Tentative Dates:

Choir Meets: September 29, October 13, October 27

Choir Shares in Worship: November 3

Choir Meets: December 1, December 8, December 15

Choir Shares in Worship: November 22



Youth Fellowship

Our goals of our Faith in Practice year will focus on our intentional time together to fellowship, rest, and encounter God. Sometimes we'll meet altogether as Middlers and Senior Highs, in buddy groups, separate age groups, and self guided Sabbath practice time.



Youth Fellowship Nights **Middle School 4:00-5:15 p.m.** **Senior High 4:45-6:00 p.m.**

This is our core time to connect, engage in spiritual practice, and deep fellowship. Our families have also shared missing time for table fellowship so we're bringing food back as a heavy snack option with our two groups to overlap and maybe play a big game together!



Youth Buddies

Our Youth Council has an expressed goal of growing our sense of connection and deepening relationships. To support this goal we are assigning three youth of different grade levels to form small buddy groups to encourage new friendships and encouragement. We will have specific activities throughout the year to encourage buddy groups to come together.

Youth Fellowship Lunch **After Worship**

Some Sundays we will meet following 11:00 a.m. worship for a meal at a restaurant near by church. We'll share the location and drop off and pick up times.



Parenting the Teen Years 1st Monday of the Month 7:00 p.m. by Zoom

Don't read the book! (Or do!) Parents are busy so we have designed a book club to fit your needs. Show up for one of these gatherings throughout the year as we share our parenting wins and woes, practices for faith formation in the home, and raising resilient youth, and we will provide you will a book to mark up during our gathering and resource to read on your own time.

First read:

**Wise Minded Parenting:
7 Essentials for Raising
Successful Tweens and
Teens by Laura Kastner**



Resources for Families

**As the family of faith we walk
together as partners in faith
formation and supporting families.**

Our Whole Lives: Faith and Sexuality Education Workshops

January 12

Save the day for a series of workshops offered for middle school youth, senior high youth, and parents. An outside facilitator using Our Whole Loves curriculum is coming to share with us a variety of age appropriate sessions for each group. Sessions will focus on themes like healthy relationships, communication and consent, and decision making. More information will be forthcoming.



